

All Day Breakfast

Toast	\$3.50	2468	\$15.00
Two slices of thick toast – white or wholemeal served with jam, vegemite, marmalade or honey.		Two free range eggs, bacon rashers, two sausages grilled mushrooms, grilled tomato, two hash browns served with thick toast.	
English Muffin	\$3.50	Vegetarian Breakfast	\$15.00
Lightly toasted English muffin served with butter and jam or marmalade.		Two free range eggs, spinach, tomato, mushrooms, vegetarian sausage, baked beans and hash browns served with thick toast	
Eggs	\$7.50	Traditional Pancakes	\$9.50
Two free range eggs, fried or poached and served on thick toast.		Stack of three pancakes served with maple syrup and double thick cream or ice cream.	
Bacon & Eggs	\$9.90	Mixed Berry Pancakes	\$9.90
Two free range eggs and bacon rashers served on thick toast.		Stack of three pancakes served with mixed berries, home made fruit coulis and double thick cream or ice cream.	
Scrambled Eggs	\$11.00	Spanish Omelette	\$12.00
Four free range eggs scrambled and served on thick toast.		Served with tomato, Spanish onion and baby spinach.	
	Add parmesan: \$11.50	Ham & Cheese Omelette	\$12.00
	Add \$/Salmon: \$13.00	Served with shaved Virginian ham and melted tasty cheese.	
Eggs Benedict	\$11.50	'Workers' Breakfast Roll	\$9.90
Toasted English muffin, topped with shaved ham, soft poached free range eggs and hollandaise sauce.		Grilled bacon and free range eggs served on a lightly toasted turkish roll with tomato relish and cheese.	
Muesli	\$9.50		
Muesli served with fresh fruit and yoghurt.			
Workers Junior Breakfast	\$6.50		
(For the kids! - 13 years or under)			
One egg (poached or fried) served on toast with a hash brown and bacon rasher. (*Scrambled eggs add \$1)			

** Breakfast Extras:

Free Range Egg	\$2.00	Sausage	\$2.50	Tomato	\$1.50
Bacon	\$3.00	Hash Browns (2)	\$2.00	Hollandaise	\$2.00
Mushrooms	\$1.80	Spinach	\$1.50	Baked Beans	\$1.50

Entree

Soup of the Day	\$5.00	Natural Oysters	6: \$12.50
		South Australian oysters	12: \$20.50
Garlic Bread	\$5.00	served on fresh gourmet lettuce	
		with a home made cocktail	
Garlic & Cheese Bread	\$6.00	sauce and fresh lemon wedge.	
Bread & Dips	\$7.50	Oysters Kilpatrick	6: \$14.00
Toasted Turkish bread, with a		Cooked South Australian	12: \$24.50
Selection of dips.		oysters grilled with diced bacon	
(Beetroot, tzatziki & sun-dried tomato)		and Worcestershire sauce.	
Bruschetta (Tomato & Fetta)	\$7.00	Garlic Prawns	E: \$15.50
Lightly toasted cheddar and garlic		Black tiger prawns cooked in a	M: \$23.50
bread topped with chunky cut tomato,		white wine, garlic and cream	
Spanish onion and fresh basil salsa		sauce served with Jasmine rice, prawn	
with fetta cheese, drizzled with		crackers and a fresh lemon wedge.	
balsamic glaze.		Half Shell Scallops	E: \$15.50
Risotto	E: \$13.50	Grilled scallops glazed with	
Slow cooked Arborio rice with		garlic butter, finished with spring	
chicken, Pumpkin and Spinach with a		onion and lemon.	
hint of saffron spice.		Traditional Prawn Cocktail	\$13.50
Sweet Chilli Wedges	\$9.90	South Australian King Prawns served	
Seasoned wedges topped with sour		on gourmet salad leaves, garnished	
cream and sweet chilli sauce		with Thousand Island dressing.	
'Workers' Wedges	\$11.90	Deep Fried Camembert	\$13.90
Seasoned wedges topped with bacon,		Lightly crumbed and deep fried	
onion, melted cheese and sour cream.		camembert, served with a spicy	
		plum dipping sauce.	

Salads

Caesar Salad	\$14.50	Tandoori Chicken Salad	\$19.50
Crisp lettuce leaves tossed with our own		Succulent tandoori marinated chicken	
creamy anchovy and parmesan cheese		served on a fresh salad of lettuce greens,	
dressing, crispy bacon, croutons and		baby spinach, cherry tomato and cucumber	
parmesan cheese, topped with a		with a spicy yoghurt dressing.	
poached egg.			
Add Chicken:	\$19.50		
Lamb Souvlaki Salad	\$15.50		
Warm lamb served with the Workers own			
Blend of souvlaki sauce. Served with a			
Greek Salad in a crispy tortilla shell.			

Traditional

Roast of the Day \$18.50

Freshly carved, tender roast served with seasonal vegetables or chips and salad.

Lamb Shanks \$19.90

Fresh cut lamb shanks and vegetables, braised in a sauce of red wine, tomatoes and rosemary served on creamy garlic mashed potato.

Chicken Schnitzel \$18.50

Tender chicken breast in a light crumb, cooked until golden, served with seasonal vegetables or chips and salad. (Optional sauce of your choice)

Beef Schnitzel \$18.50

Tender beef fillet in a light crumb, cooked until golden, served with seasonal vegetables or chips and salad. (Optional sauce of your choice)

Chorizo & Mash \$15.50

Spanish style sausage with authentic flavours of smoked paprika, garlic and chilli, served on creamy mashed potato with roasted vegetable relish. Served with chips and Salad or seasonal vegetables

Chicken Parmigiana \$20.50

Golden chicken breast schnitzel topped with tomato concasse, Virginian ham and three cheeses. Served with seasonal vegetables or chips and salad.

Add pineapple: \$21.50

Beef Parmigiana \$20.50

Tender beef schnitzel topped with tomato concasse, Virginian ham and three cheeses, served with seasonal vegetables or chips and salad.

Add pineapple: \$21.50

Spaghetti Bolognese \$15.50

Fresh cooked spaghetti topped with a rich bolognese sauce, finished with shaved parmesan.

Fettuccine Carbonara \$17.50

Sauteed bacon and onion in a creamy garlic sauce tossed through fettuccine and finished with shaved parmesan.

Add chicken: \$22.50

Traditional 'Fish & Chips' \$20.50

Beer battered flathead fillets, served with golden chips and a side of salad or vegetables.

** Sauces & Toppers:

When ordering your favourite steak, mixed grill, grilled chicken breast or schnitzel you may select a sauce of your choice.

* Dianne * Pepper * Mushroom * Creamy Garlic * Garlic Butter * Gravy

Vegetarian

'Workers' Veggie Burger \$11.00

Home made vegetable pattie served on a lightly toasted roll with tomato, cheese, Spanish onion, lettuce and mayonnaise. Served with golden chips.

Vegetarian Stir Fry \$17.50

Fresh seasonal vegetables tossed through hokkien noodles with a sweet chilli, ginger and coriander sauce.

Vegetarian Risotto \$17.50

Slow cooked Arborio rice with roasted pumpkin, zucchini ribbons and cherry tomatoes, in a white wine reduction.

Spinach & Ricotta Cannelloni \$18.50

Cannelloni filled with spinach and ricotta. Served with a side of chips and salad.

Chicken

Chicken & Prawn Supreme* **\$23.70**

Tender pan fried chicken breast supreme topped with black tiger prawns sautéed in a creamy garlic and white wine sauce, served with seasonal vegetables or chips and salad.

Grilled Chicken Breast* **\$19.00**

For the health conscious; a char-grilled supreme chicken breast, served with seasonal vegetables or chips and salad. (Optional sauce of your choice)

Chicken Camembert* **\$23.70**

Oven baked chicken breast supreme, wrapped in bacon, filled with camembert, spinach and sun-dried tomato, topped with a creamy pesto* sauce. Served with seasonal vegetables or chips and salad. (*contains nuts)

Asian Style Chicken Stir Fry **\$18.90**

Marinated strips of tender chicken, tossed through hokkien noodles and seasonal vegetables with a honey soy sauce.

From The Grill

'Workers' Mixed Grill* **\$24.90**

Grilled scotch fillet steak, lamb loin chop, rissole, continental sausage, bacon, egg and tomato served on top of creamy garlic mashed potato. Served with seasonal vegetables or chips and salad.

Certified Black Angus Rump* **\$25.60**

Famous for its quality – cooked to your liking! With a side of crispy beer battered onion rings and your choice of sauce. Served with seasonal vegetables or chips and salad.

Scotch Fillet Steak* **\$29.90**

350g Prime grain fed scotch fillet steak, cooked to your liking and served with a sauce of your choice. Served with seasonal vegetables or chips and salad.

Workers T-Bone Steak* **\$25.50**

Marinated in rosemary and garlic. Char-grilled to your liking and served with your choice of sauce.

Lamb Rump* **\$25.50**

Oven baked prime lamb rump served on a fresh waldorf salad. Finished with a blue cheese and sour cream dressing. Served with a side of seasonal vegetables or chips and salad.

Ocean Grill* **\$33.00**

Prime grain fed scotch fillet steak cooked to your liking and topped with mussels and black tiger prawns sautéed in a creamy garlic and white wine sauce, served with seasonal vegetables or chips and salad.

Sticky Chilli Plum Pork **\$24.90**

Pork belly coated in a mild chilli plum sauce. Served with a timbale of fragrant Jasmine rice and sautéed asian greens. With a side of seasonal vegetables or chips and salad.

**** Sauces & Toppers:**

When ordering your favourite steak, mixed grill, grilled chicken breast or schnitzel you may select a sauce of your choice.

*** Dianne * Pepper * Mushroom * Creamy Garlic * Garlic Butter * Gravy**

*** Waiting Times:**

Good food takes time to prepare and cook...Please allow a minimum of 25 minutes and upwards for steaks ordered past medium and oven baked dishes.

In busy periods this wait time may extend to 45+ minutes.

Seafood

Catch 121

\$24.50

Selection of seafood - beer battered flat head, scallops, torpedo prawns, salt and pepper calamari, crab claw and crab stick. Served with seasonal vegetables or chips and salad.

Oven Baked Barramundi Fillet

\$19.50

Oven baked barramundi fillet served on wilted baby spinach with a sweet chilli, tomato and mango salsa. Served with seasonal vegetables or chips and salad.

Salt and Pepper Calamari

\$22.00

Calamari tossed in sea salt and freshly cracked black pepper fried until golden, with sweet chilli sauce and lemon wedges. Served with seasonal vegetables or chips and salad.

Seafood Pasta

\$22.90

Selection of seafood including mussels, prawns, scallops, barramundi, baby octopus and smoked salmon in a tomato, garlic and onion sauce tossed through tagliatelle pasta.

Salmon Steak

\$26.50

Oven baked salmon steak served with fresh asparagus finished with home made hollandaise sauce and potato rosti. Served with seasonal vegetables or chips and salad.

Desserts

Sticky Date Pudding

\$7.50

Home made sticky date pudding – a traditional favourite! Served with butterscotch sauce and your choice of cream or ice cream.

Fritter Combo

\$7.50

Golden fried banana and pineapple 'fritter', served with caramel and brandy sauce and your choice of cream or ice cream.

Home made Apple Crumble

\$7.50

Traditional home made apple crumble. Served with your choice of cream or ice cream.

Cakes**

\$7.50

Served with fresh double thick cream or ice cream. (See display)

Ice cream Sundae

\$7.50

Layers of creamy ice cream, chopped nuts and flavoured syrup of your choice. (Choose from Chocolate, Strawberry, Banana, Caramel or Lime)

Profiteroles

\$7.50

Light choux pastry filled with vanilla custard and finished with a rich dark chocolate sauce. Served with your choice of cream or ice cream.

Honey and Date Loaf (Gluten Free)

\$7.50

A moist sweet loaf with flavours of honey and date. Ideal gluten free option.

** Cakes:

Choose from our selection of decadent cakes, including -

** Lemon Meringue Pie * Baked Cheesecakes * Chocolate Mud Cakes * Tortes*

Kids

(For children aged 13 years and under)

Chicken Crackles **\$7.50**

Chicken breast pieces coated in crispy batter, served with chips or vegetables.

Battered Fish Bites **\$7.50**

Fish pieces lightly coated in crispy batter, served with chips or vegetables.

Kid's Roast **\$7.50**

'Roast of the Day' served with chips or vegetables.

Bangers and Mash **\$7.50**

Two sausages served on mashed potato, served with chips or vegetables.

Spaghetti Bolognese **\$7.50**

Spaghetti topped with a tomato bolognese sauce.

Mini Ham & Pineapple Pizza **\$7.50**

Mini Ham and Pineapple Pizza served with chips.

Kids Calamari **\$7.50**

Crumbed and golden fried calamari rings served with chips.

Chicken Schnitzel **\$7.50**

Lightly crumbed kid's size chicken breast, served with chips or vegetables.

Chicken Parmigiana **\$8.50**

Kid's size chicken schnitzel topped with tomato concasse, Virginian ham and three cheeses. Served with chips or vegetables.

Minute Steak **\$8.50**

Grilled minute steak – ideal size for kids! Served with chips or vegetables.

*****With all kids meals ordered, receive one small soft drink and your choice of ice cream sundae or jelly for dessert.***

'All Day Menu'

Bowl of Chips Golden and lightly fried. (Gravy available upon request)	\$6.50	Chicken Schnitzel Burger Lightly toasted Turkish roll layered with a chicken breast schnitzel, tomato, cheese, Spanish onion, lettuce and mayonnaise, served with golden chips.	\$10.90
Sweet Chilli Wedges Seasoned wedges topped with sour cream and sweet chilli sauce.	\$9.90	Workers Beef Burger Lightly toasted roll topped with a home made 250g prime beef pattie, bacon, egg, tomato, Spanish onion and served with golden chips.	\$12.50
'Workers' Wedges Seasoned wedges topped with bacon, onion, melted cheese and sour cream.	\$11.90	Veggie Burger Home made vegetable pattie served on a lightly toasted roll with tomato, cheese, Spanish onion, lettuce and mayonnaise, served with golden chips.	\$11.00
Egg and Bacon Roll Egg, bacon and cheese on a toasted roll with tomato relish. Served with golden chips.	\$9.90	Caesar Salad Crisp lettuce leaves tossed with our own creamy anchovy and parmesan cheese dressing, crispy bacon, croutons and parmesan cheese, topped with a poached egg.	\$14.50
Sweet Chilli Chicken Wrap Chicken tenderloins, lettuce, Spanish onion, cheese and tomato with sweet chilli and mayonnaise in a tortilla wrap. Served with golden chips.	\$10.90	Add Chicken:	\$18.50
'Workers' BLTA Lightly toasted roll with bacon, lettuce, tomato, avocado, cheese and mayonnaise. Served with golden chips.	\$9.90	Lamb Souvlaki Salad Warm lamb served with the Workers own blend of souvlaki sauce. Served with a Greek Salad in a crispy tortilla shell.	\$15.50
'Workers' Club Sandwich Turkey, bacon, avocado, mayonnaise, cranberry and melted cheddar with lettuce greens, sandwiched between three layers of toasted bread and served with golden chips.	\$11.50	Tandoori Chicken Salad Succulent tandoori marinated chicken served on a fresh salad of lettuce greens, baby spinach, cherry tomato and cucumber with a spicy yoghurt dressing.	\$19.50
'Workers' Steak Sandwich 200g scotch fillet steak, bacon, Spanish onion, egg, tomato, mayonnaise and lettuce, served in a lightly toasted sandwich with golden chips.	\$15.00		